

**2021-2022**

**Mamaroneck  
Wrestling**

***Tiger Book***

**Co-Head Coaches:** Femi Wheeler and Scott Gilberti

**Varsity Assistant Coaches:** Nahuel Rodriguez

**Modified Coach:** John Dale

**Athletic Director:** Bari Suman

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## Mamaroneck Varsity Roster

<b>Name</b>	<b>Weight Class</b>	<b>Grade</b>
Izzy Nesser	102	10th
Joe Sullivan	102	9th
Tatsu Homma	102	9 <sup>th</sup>
Nick McDonald	110	9 <sup>th</sup>
Angus Queen	110	9 <sup>th</sup>
Richie Lomonaco	110	10 <sup>th</sup>
Aaron Valencia	110	12 <sup>th</sup>
Jack Queen	118	10 <sup>th</sup>
Trevor Dries	118	10 <sup>th</sup>
Aaron Weinbach	118	11 <sup>th</sup>
Donnie Gomez	126	12 <sup>th</sup>
Owen Gomez	138	12 <sup>th</sup>
Eric Nesser	145	12 <sup>th</sup>
Nate Perez*	152	12 <sup>th</sup>
Ethan Holmes	160	10 <sup>th</sup>
Cameron Lee	189	12 <sup>th</sup>
Mason Ammerman	189	10 <sup>th</sup>
John McGowan*	189	12 <sup>th</sup>
Logan Ballantyne	285	12 <sup>th</sup>
Matt Sommer	285	12 <sup>th</sup>

# Mamaroneck Varsity Wrestling Competition Schedule 2021-2022

<b>DATE</b>	<b>CONTEST</b>	<b>LOCATION</b>	<b>RESULT</b>
<b>12/04</b>	<b>Bernie Miller Rye Duals</b>	<b>Rye HS</b>	<b>3W and 2L 4<sup>th</sup> Place</b>
<b>12/08</b>	<b>Section 1 Duals</b>	<b>HMX</b>	<b>L 51-24</b>
<b>12/11</b>	<b>Wright/Perry Duals</b>	<b>Arlington HS</b>	<b>2W and 3L DNP</b>
<b>12/21</b>	<b>Dual Meet vs North Rockland</b>	<b>North Rockland</b>	<b>L 39-35</b>
<b>12/27-28</b>	<b>Mid-Hudson Tournament</b>	<b>Arlington HS</b>	<b>16<sup>th</sup> Place (37 Pnts)</b>
<b>1/08</b>	<b>Dual Meet vs Croton-Harmon</b>	<b>MHS</b>	<b>W 63-12</b>
<b>1/08</b>	<b>Dual Meet vs Peekskill</b>	<b>MHS</b>	<b>W 42-24</b>
<b>1/12</b>	<b>Dual Meet vs JJCR</b>	<b>MHS</b>	<b>W 31-30</b>
<b>1/15</b>	<b>Scarsdale Tournament</b>	<b>Scarsdale HS</b>	<b>6<sup>th</sup> Place (134 Pnts)</b>
<b>1/18</b>	<i>Dual Meet vs New Rochelle</i>	<b>New Rochelle HS</b>	<b>W 48-21</b>
<b>1/20</b>	<i>Dual Meet vs Scarsdale</i>	<b>Scarsdale HS</b>	<b>W 45-30</b>
<b>1/22</b>	<b>Wallkill Duals</b>	<b>Wallkill HS</b>	<b>1W- 3L DNP</b>
<b>1/25</b>	<b>Dual Meet Vs Edgemont*</b>	<b>MHS</b>	<b>W 36-35</b>
<b>1/28</b>	<b>O'Connell Pearl River Tournament</b>	<b>Pearl River</b>	
<b>2/5</b>	<b>Divisional Tournament</b>	<b>Ketcham HS</b>	<b>4 Champions and 7 Placers</b>
<b>2/12-13</b>	<b>Section 1 D1 Tournament</b>	<b>Arlington and Clarkstown South</b>	<b>7<sup>th</sup> Place 3 Placers (2 Champs)</b>
<b>2/25-26</b>	<b>NYSPHSAA Tournament</b>	<b>MVP Arena Albany NY</b>	<b>67<sup>th</sup> Place (11 Points)</b>

\*=Senior Night

## Mamaroneck Modified Roster

Name
John Bauer (8)
Logan Bloom (8)
Maden Bloom (8)
Camden Caires (7)
Gabe Kraut (8)
Gavin Lee (7)
Owen Lonegro (7)
Hunter Spalding (7)
Luke Weis (7)



# Mamaroneck All Time Single and Career Records

## Career Wins (since 1986)

Ben Miller (08-13)	133
Crew Fullerton (13-18)	121
James Watson (99-02)	111
Dion Duran (10-13)	104
Taigue Thurston (15-19)	102*
<b>John McGowan (17-22)</b>	<b>97</b>
Chris Dejesus (86-91)	95
Andres Pedraza (08-11)	94
Anthony Vitti (88-93)	90
Femi Wheeler (06-09)	87
Jason Bonderanko (96-99)	84
Andrew Raso (17-20)	83
Andrew Rosenfeld (16-20)	81
Marco Iacono (06-09)	80
Joey Rodas (17-20)	80

## Season Wins (since 1986)

Ben Miller (12-13)	38
Crew Fullerton (17-18)	38
<b>Matt Sommer (21-22)</b>	<b>38</b>
Femi Wheeler (08-09)	37
<b>John McGowan (21-22)</b>	<b>37</b>
Ben Miller (10-11)	35
Trent Wechsler (17-18)	35
Femi Wheeler (07-08)	34
James Watson (00-01)	33
Marco Iacono (08-09)	33
John White (09-10)	33
Dion Duran (11-12)	32
Ben Miller (11-12)	32
Chris Dejesus (90-91)	31
Youssif Hemida (14-15)	31

## Career Pins (since 1996)

Ben Miller (08-13)	75
Crew Fullerton (13-18)	64
Andres Pedraza (08-11)	63
Dion Duran (10-13)	59
<b>John McGowan (17-22)</b>	<b>58</b>
Andrew Rosenfeld (16-20)	54
James Watson (99-02)	52
Joe Vitti (98-01)	41
Jason Bonderanko (96-99)	40
Adam Steinberg (02-05)	40
Mike McGowan (14-18)	36
Andrew Raso (17-20)	35

## Season Pins (since 1996)

Andres Pedraza (10-11)	25
Ben Miller (11-12)	25
<b>Matt Sommer (21-22)</b>	<b>24</b>
Dion Duran (11-12)	24
Crew Fullerton (17-18)	24
Ben Miller (12-13)	23
Andrew Rosenfeld (18-19)	23
John McGowan (19-20)	22
<b>John McGowan (21-22)</b>	<b>20</b>
Graham Renz (07-08)	19
Luis Rubio (13-14)	19
Joey Rodas (17-18)	19

## Career Takedowns (since 1996)

Crew Fullerton (13-18)	271
Femi Wheeler (06-09)	209
James Watson (99-02)	200
Mike McGowan (14-18)	196
Jason Bonderanko (96-99)	194
John White (09-10)	154
Nahuel Rodriguez (15-19)	154
<b>John McGowan (17-22)</b>	<b>150</b>
Andrew Rosenfeld (16-20)	144
Andrew Raso (17-20)	137
David Serrano (96-99)	132
Dennis Magana (97-00)	129
Jesse Beers (17-20)	125
Carter Boykin-Holland (16-20)	123
Trent Wechsler (14-18)	114

## Season Takedowns (since 1996)

Crew Fullerton (17-18)	147
Femi Wheeler (08-09)	109
Nahuel Rodriguez (17-18)	94
Mike McGowan (17-18)	86
Roger Ransom (14-15)	82
Femi Wheeler (07-08)	80
<b>John McGowan (21-22)</b>	<b>80</b>
Trent Wechsler (17-18)	77
Nahuel Rodriguez (18-19)	75
John White (09-10)	72
Bill Birdzell (96-97)	65
James Watson (00-01)	65
Jason Bonderanko (98-99)	63
Andrew Raso (19-20)	63

## State Champions

2015 Youssif Hemida

## State Place Winners

2015 Youssif Hemida 1st

2014 Youssif Hemida 7th

**2022 John McGowan 6<sup>th</sup>**

## State Qualifiers \*Wild Card

2013 Ben Miller 152\*

2014-2015 Youssif Hemida 220

2018 Crew Fullerton 145

2019 Joey Rodas 113

**2022 Owen Deutsch 138**

**2022 John McGowan 189**

## Sectional Place Winners

1971 Jay Kuritsky 2<sup>nd</sup>

1983 Mario Bonito 2<sup>nd</sup>

1984 Guy Capecelatro 4<sup>th</sup>

1985 John Littauer 3<sup>rd</sup>

1993 Anthony Vitti 3<sup>rd</sup>

1986 Tom Greco 3<sup>rd</sup>

1996 Sean Keogh 3<sup>rd</sup>

1997 Bill Birdzell 3<sup>rd</sup>

2000 Dennis Magana 4<sup>th</sup>

2001 James Watson 3<sup>rd</sup>

2002 James Watson 6<sup>th</sup>

2002 Matt Vitti 4<sup>th</sup>

2008 Femi Wheeler 4<sup>th</sup>

2009 Femi Wheeler 3<sup>rd</sup>

2010 John White 6<sup>th</sup>

2011 Andres Pedraza 6<sup>th</sup>

2012 Dion Duran 4<sup>th</sup>

2012 Ben Miller 4<sup>th</sup>

2013 Dion Duran 6<sup>th</sup>

2013 Ben Miller 2<sup>nd</sup>

2014 Youssif Hemida 1<sup>st</sup>

2014 Luis Rubio 5<sup>th</sup>

2014 Alex Sanchez 4<sup>th</sup>

2015 Youssif Hemida 1<sup>st</sup>

2015 Max Valera 4<sup>th</sup>

2015 Roger Ransom 3<sup>rd</sup>

2015 Crew Fullerton 5<sup>th</sup>

2017 Crew Fullerton 2<sup>nd</sup>

2018 Joey Rodas 3<sup>rd</sup>

2018 Crew Fullerton 1<sup>st</sup>

2018 Mike McGowan 5<sup>th</sup>

2018 Trent Wechsler 2<sup>nd</sup>

2019 Joey Rodas 1<sup>st</sup>

2019 Jesse Beers 5<sup>th</sup>

2019 John McGowan 6<sup>th</sup>

2020 Owen Deutsch 2<sup>nd</sup>

2020 Andrew Raso 4<sup>th</sup>

2020 Jesse Beers 6<sup>th</sup>

2020 Andrew Rosenfeld 5<sup>th</sup>

2020 John McGowan 4<sup>th</sup>

**2021 Owen Deutsch 1<sup>st</sup>**

**2021 John McGowan 1<sup>st</sup>**

**2021 Matt Sommer 3<sup>rd</sup>**

## All League Recipients (Since 1980)

<b>1981</b> Tom Vitetta	<b>1999</b> Dennis Magana	<b>2007</b> Randy Kapus	<b>2019</b> Taigie Thurston
<b>1982</b> Mario Bonito	Jason Bonderanko	Marco Iacono	Nehemias Fuentes
<b>1983</b> Mario Bonito	Joe Vitti	Zack Alliger	Max Perez
Jim Gannon	James Watson	<b>2008</b> Bobby Autera	Carter Boykin-Holland
Joe Bonito	David Serrano	John White	<b>2020</b> Joey Vancook
Marc Killagrew	Matt Paonessa	Marco Iacono	Andrew Raso
<b>1984</b> Guy Capeceletro	<b>2000</b> Joe Vieira	Luis Pico	Jesse Beers
Greg Proudian	James Watson	Femi Wheeler	Andrew Rosenfeld
David Cleary	Dennis Magana	Graham Renz	Max Perez
<b>1985</b> John Littauer	Jason Bonderanko	<b>2009</b> Femi Wheeler	Johnny McGowan
<b>1986</b> Tom Greco	Matt Vitti	Andres Pedraza	Carter Boykin-Holland
<b>1987</b> Chris DeJesus	Joe Vitti	<b>2010</b> Andres Pedraza	Matt Sommers
Charles Belden	Matt Paonessa	<b>2011</b> Andres Pedraza	<b>2022</b> Izzy Nesser
<b>1989</b> Chris DeJesus	<b>2001</b> Joe Vieira	<b>2012</b> No Data Kept	<b>Richie Lomonaco</b>
Peter Gaito	James Watson	<b>2013</b> Max Valera	<b>Donnie Gomez</b>
Anthony Vitti	Matt Vitti	<b>2014</b> Roger Ransom	<b>Owen Deutsch</b>
<b>1990</b> Jeremy Petrosino	Jason Ward	Max Valera	<b>Eric Nesser</b>
<b>1991</b> Sean Keogh	<b>2002</b> Alex Gonzales	<b>2015</b> Youssif Hemida	<b>Nate Perez</b>
Roy Kievet	James Watson	Roger Ransom	<b>John McGowan</b>
Adam Silver	Bryant Tapia	Max Valera	<b>Matt Sommer</b>
<b>1992</b> Anthony Vitti	Josh Jenicek	<b>2017</b> Micky O'Brien	<i>Who's Next?!</i>
<b>1993</b> Anthony Vitti	David Lavin	Joey Rodas	
Jason Del Villar	Matt Vitti	Guy Santee	
<b>1995</b> Sean Keogh	Jason Ward	Nahuel Rodriguez	
Adrian Cavalleri	John Lanza	Crew Fullerton	
Ed Urquhart	<b>2003</b> John Lanza	Mike McGowan	
<b>1996</b> Sean Keogh	<b>2004</b> Chris Doria	<b>2018</b> Andrew Raso	
<b>1997</b> David Serrano	David Lavin	Joey Rodas	
Ilan Kutok	Chad Piazza	Andrew Rosenfeld	
Joe Magnotta	Adam Steinberg	Nahuel Rodriguez	
Eric Friedman	Ryan Collins	Crew Fullerton	
Bill Birdzell	<b>2005</b> Adin Ray	Mike McGowan	
Tim Reynolds	Chad Piazza	Trent Wechsler	
<b>1998</b> Jonathan Plato	Ivan Vorobiev	<b>2019</b> Owen Deutsch	
Dennis Magana	Adam Steinberg	Andrew Raso	
Ilan Kutok	<b>2006</b> Eddie Strippoli	Jesse Beers	
Joe Vitti		Joey Rodas	
Jason Bonderanko		Andrew Rosenfeld	
Eric Friedman		Nahuel Rodriguez	
Mike Romano			





Roy C Ketcham (1)							2L	
Lourdes (1)							W	
Peekskill (1)							W	
Croton Harmon (1)							W	
(#)=Section								

Overall Team Record: 11-12

Coach Gilberti and Coach Wheeler: 44-60

## 2022 Team League Standings

1. Mamaroneck
2. New Rochelle
3. Scarsdale

## 2021-2022 Dual Meet Results

### **Mamaroneck vs. Lakeland-Panas Sr**

102: Izzy Nesser (MAMA) over (LAPA) (For.) 110: Nick Mcdonald (MAMA) over (LAPA) (For.) 118: Rich Lomonaco (MAMA) over Marcus Alvarez (LAPA) (Fall 0:00) 126: Donnie Gomez (MAMA) over Alexander Russo (LAPA) (Fall 0:00) 132: Spencer Maja (LAPA) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over (LAPA) (For.) 145: Joseph DeSantis (LAPA) over (MAMA) (For.) 152: Eric Nesser (MAMA) over (LAPA) (For.) 160: Cooper Schmidt (LAPA) over Nate Perez (MAMA) (Dec 5-4) 172: Christopher Ciraco (LAPA) over Marco Sukhatme (MAMA) (Fall 0:00) 189: John Mcgowan (MAMA) over Gavin Crilly (LAPA) (MD 10-1) 215: Dominick Parente (LAPA) over (MAMA) (For.) 285: Kevin Hickey (LAPA) over Matt Sommer (MAMA) (Fall 0:00)

### **Eastchester Sr HS vs. Mamaroneck**

102: Izzy Nesser (MAMA) over (ECHSTR) (For.) 110: Zach Gleason (ECHSTR) over Nick Mcdonald (MAMA) (Fall 0:00) 118: Owen Adamson (ECHSTR) over Rich Lomonaco (MAMA) (Fall 0:00) 126: Donnie Gomez (MAMA) over Luke Leshaj (ECHSTR) (Fall 0:00) 132: Jon Vohnout (ECHSTR) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Justin Everts (ECHSTR) (Fall 0:00) 145: Ocean Rados (ECHSTR) over (MAMA) (For.) 152: Filip San (ECHSTR) over Eric Nesser (MAMA) (Fall 0:00) 160: Nate Perez (MAMA) over Sam Cavanna (ECHSTR) (Fall 0:00) 172: Daryl Braun (ECHSTR) over Cameron Lee (MAMA) (Fall 0:00) 189: John Mcgowan (MAMA) over Cristofor Liosatos (ECHSTR) (Fall 0:00) 215: Joe Roche (ECHSTR) over Ben Eugenio (MAMA) (Fall 0:00) 285: Matt Sommer (MAMA) over Thiago DeCarvalho (ECHSTR) (Fall 0:00)

### **Mamaroneck vs. Nyack Sr HS**

118: Jack Queen (MAMA) over (NSH) (For.) 126: Donnie Gomez (MAMA) over Adrian Moreau (NSH) (Fall 0:00) 132: Edgar Sandoval (NSH) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Damani Banks (NSH) (Fall 0:00) 145: Nathaniel Hirsch (NSH) over (MAMA) (For.) 152: Nate Perez (MAMA) over (NSH) (For.) 160: Eric Nesser (MAMA) over Ezra Seckin (NSH) (Fall 0:00) 172: Cameron Lee (MAMA) over (NSH) (For.) 189: John Mcgowan (MAMA) over jack Gannon (NSH) (Fall 0:00) 215: Michael Ross Taylor (NSH) over Ben Eugenio (MAMA) (Fall 0:00) 285: Matt Sommer (MAMA) over Lukas Charles (NSH) (Fall 0:00) 102: Joe Sullivan (MAMA) over (NSH) (For.) 110: Tatsu Homma (MAMA) over (NSH) (For.)

### **Mamaroneck vs. Somers-North Salem**

110: Dalton Baloy (SONS) over Nick Mcdonald (MAMA) (Fall 0:00) 118: Liam Dwyer (SONS) over Jack Queen (MAMA) (Fall 0:00) 126: Donnie Gomez (MAMA) over Matthew Cascio (SONS) (Fall 0:00) 132: Robert Vrabel (SONS) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Matthew Mayfield (SONS) (Fall 0:00) 145: Ethan Burns (SONS) over (MAMA) (For.) 152: Nate Perez (MAMA) over Anthony Tucci (SONS) (Dec 7-2) 160: Justin Daniyan (SONS) over Eric Nesser (MAMA) (Fall 0:00) 172: Cameron Lee (MAMA) over Luca D`Orazio (SONS) (Fall 0:00) 189: John Mcgowan (MAMA) over Christopher Lux (SONS) (Fall 0:00) 215: Ben Eugenio (MAMA) over Robert Burke (SONS) (Fall 0:00) 285: Matt Sommer (MAMA) over (SONS) (For.) 102: Ryan Ball (SONS) over Izzy Nesser (MAMA) (Fall 0:00)

### **Port Chester Sr vs. Mamaroneck**

102: Dylan Ramos (PCS) over Izzy Nesser (MAMA) (Fall 2:43) 110: Nicholas Bolanos (PCS) over Angus Queen (MAMA) (Fall 0:19) 118: Onepe Dawkins (PCS) over Jack Queen (MAMA) (Fall 0:43) 126: Donnie Gomez (MAMA) over Eduar Polanco (PCS) (Fall 3:47) 132: Frankie Alejo (PCS) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Felix Medina (PCS) (Fall 2:24) 145: Jackson Kuhn (PCS) over John Doe (MAMA) (For.) 152: Nate Perez (MAMA) over David Hyland (PCS) (Fall 5:28) 160: Eric Nesser (MAMA) over Christopher Soria (PCS) (Fall 0:42) 172: Jason Vicente (PCS) over Marco Sukhatme (MAMA) (Fall 2:29) 189: John Mcgowan (MAMA) over Ulysses Espejo (PCS) (Fall 1:20) 215: Byron Olmino (PCS) over Ben Eugenio (MAMA) (Fall 1:31) 285: Matt Sommer (MAMA) over Bryant Sanchez (PCS) (Fall 4:42) (PCS Team Point -1.0)

### **Clarkstown North Sr HS vs. Mamaroneck**

102: Jeremy Small (CNSH) over Izzy Nesser (MAMA) (Fall 3:53) 110: Nick Mcdonald (MAMA) over Adrianna Dossi (CNSH) (Fall 2:37) 118: Dylan LaRocco (CNSH) over Rich Lomonaco (MAMA) (Fall 0:43) 126: Aaron Weinbach (MAMA) over Alysha Calvo (CNSH) (Fall 0:20) 132: Seth Frenzel (CNSH) over (MAMA) (For.) 138: Rcey Ortega (CNSH) over (MAMA) (For.) 145: John Roden (CNSH) over (MAMA) (For.) 152: Matthew Cortelli (CNSH) over Nate Perez (MAMA) (Dec 6-0) 160: Dan Shields (CNSH) over Eric Nesser (MAMA) (Fall 4:17) 172: Chris Ryan (CNSH) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Brian Bordas (CNSH) (Fall 1:09) 215: James Gordon (CNSH) over Ben Eugenio (MAMA) (Fall 0:27) 285: Matt Sommer (MAMA) over Justin Smoot (CNSH) (Fall 1:57)

### **Mamaroneck vs. Beacon HS**

126: Donnie Gomez (MAMA) over Jude Betancourt (BEAC) (MD 21-8) 132: Brandon Martinez Hardy (BEAC) over (MAMA) (For.) 138: Daniel Way (BEAC) over (MAMA) (For.) 145: Priest Richards (BEAC) over (MAMA) (For.) 152: Nate Perez (MAMA) over Brody Timm (BEAC) (Inj. [time]) 160: Eric Nesser (MAMA) over Morgan Johnson (BEAC) (Fall 1:01) 172: Ethan Holmes (MAMA) over (BEAC) (For.) 189: John Mcgowan (MAMA) over Aaron Pegues (BEAC) (Fall 0:55) 215: Louis DelBianco (BEAC) over Ben Eugenio (MAMA) (Fall 0:58) 285: Matt Sommer (MAMA) over Tyler Haydt (BEAC) (Fall 4:28) 102: Tatsu Homma (MAMA) over (BEAC) (For.) 110: Nick Mcdonald (MAMA) over Luke Kozlik (BEAC) (Fall 3:08) 118: Rich Lomonaco (MAMA) over (BEAC) (For.) (BEAC MC -1.0)

### **Arlington vs. Mamaroneck**

118: Dillon Arrick (ARLI) over Rich Lomonaco (MAMA) (Fall 0:37) 126: Donnie Gomez (MAMA) over Dominic Bronzi (ARLI) (Fall 1:52) 132: Christopher Bischoff (ARLI) over (MAMA) (For.) 138: John Frustace (ARLI) over (MAMA) (For.) 145: Nick Bronzi (ARLI) over (MAMA) (For.) 152: Nate Perez (MAMA) over Jonathan Scimeca (ARLI) (Dec 12-5) 160: Joseph Peretta (ARLI) over Eric Nesser (MAMA) (Fall 3:08) 172: Tim Bova (ARLI) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Amon Frye (ARLI) (Fall 1:38) 215: Jonathan Kerr (ARLI) over Ben Eugenio (MAMA) (Fall 1:17) 285: Matt Sommer (MAMA)

over Justin Kender (ARLI) (Fall 0:45) 102: Aislin Kellner (ARLI) over Tatsu Homma (MAMA) (Fall 0:29) 110: Maximus Coelho (ARLI) over Angus Queen (MAMA) (Fall 1:35)

### **Pine Bush Sr HS vs. Mamaroneck**

102: Gabriel McNally (PBSH) over Tatsu Homma (MAMA) (MD 12-2) 110: Nick Mcdonald (MAMA) over Caleb Ronk (PBSH) (Fall 0:30) 118: Logan Pennell (PBSH) over Rich Lomonaco (MAMA) (Fall 1:44) 126: Daniel Trojahn (PBSH) over Donnie Gomez (MAMA) (Fall 5:41) 132: Richard Urena (PBSH) over (MAMA) (For.) 138: Logan Moran (PBSH) over (MAMA) (For.) 145: Ethan Conrow (PBSH) over (MAMA) (For.) 152: Nate Perez (MAMA) over Edward Morley (PBSH) (Fall 2:37) 160: Eric Nesser (MAMA) over Joseph Longobardo (PBSH) (Fall 1:10) 172: Devin Greer (PBSH) over Ethan Holmes (MAMA) (Fall 0:38) 189: John Mcgowan (MAMA) over Braydon Pennell (PBSH) (Dec 6-1) 215: Saul Abrego (PBSH) over Ben Eugenio (MAMA) (Fall 1:23) 285: Matt Sommer (MAMA) over Sullivan Toback (PBSH) (Fall 0:40)

### **Roy C Ketcham Sr HS vs. Mamaroneck**

102: Anthony Gaetani (RCKS) over Tatsu Homma (MAMA) (Fall 1:19) 110: Alexander Rathbun (RCKS) over Nick Mcdonald (MAMA) (Fall 0:37) 118: Thomas Carroll (RCKS) over Rich Lomonaco (MAMA) (Fall 1:33) 126: Dylan Glickman (RCKS) over Donnie Gomez (MAMA) (Fall 0:26) 132: Noel Martinez (RCKS) over (MAMA) (For.) 138: Ernest Suter (RCKS) over (MAMA) (For.) 145: Jonah Usher (RCKS) over (MAMA) (For.) 152: Matthew Masch (RCKS) over Eric Nesser (MAMA) (Fall 3:28) 160: Nate Perez (MAMA) over Eddy Corporan (RCKS) (Dec 2-1) 172: Gavin McLaughlin (RCKS) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Daesean Dingle (RCKS) (Fall 1:52) 215: Kenneth Chapman (RCKS) over Ben Eugenio (MAMA) (Fall 0:43) 285: Matt Sommer (MAMA) over (RCKS) (For.)

### **Mamaroneck vs. Our Lady of Lourdes HS**

102: Tatsu Homma (MAMA) over (OLOL) (For.) 110: Angus Queen (MAMA) over (OLOL) (For.) 118: Rich Lomonaco (MAMA) over Tristian McCormack (OLOL) (Fall 1:09) 126: Donnie Gomez (MAMA) over jobe sava (OLOL) (Fall 5:16) 132: Christian Lucero (OLOL) over (MAMA) (For.) 138: Thomas Fiodaliso (OLOL) over (MAMA) (For.) 145: William Schwiebert (OLOL) over (MAMA) (For.) 152: Nate Perez (MAMA) over Ivan Heunis (OLOL) (Fall 1:22) 160: Hayden Heunis (OLOL) over Eric Nesser (MAMA) (Fall 1:28) 172: Jack Mulcahy (OLOL) over Ethan Holmes (MAMA) (Fall 1:40) 189: John Mcgowan (MAMA) over Matthew Krauza (OLOL) (Fall 2:41) 215: Christopher Delena (OLOL) over Ben Eugenio (MAMA) (Fall 0:55) 285: Matt Sommer (MAMA) over Charles Batista (OLOL) (Dec 11-8)

### **North Rockland vs. Mamaroneck**

102: Izzy Nesser (MAMA) over (NORO) (For.) 110: Amari Payton (NORO) over Nick Mcdonald (MAMA) (Fall 1:01) 118: Joseph Yon (NORO) over Rich Lomonaco (MAMA) (Fall 4:38) 126: Justin Riello (NORO) over Donnie Gomez (MAMA) (Fall 2:58) 132: Stanley Grom (NORO) over (MAMA) (For.) 138: Robert DePolito (NORO) over (MAMA) (For.) 145: Owen Deutsch (MAMA) over Tyce Vandergoot (NORO) (TF 16-0 0:00) 152: Nate Perez (MAMA) over Nicholas Sullivan (NORO) (Fall 0:44) 160: Hak Ali (NORO) over Eric Nesser (MAMA) (Dec 6-4) 172: Ethan Holmes (MAMA) over Michael Butchar (NORO) (Fall 3:42) 189: John Mcgowan (MAMA) over (NORO) (For.) 215: Elijah Bonet (NORO) over Ben Eugenio (MAMA) (Inj. [time]) 285: Matt Sommer (MAMA) over (NORO) (For.)

### **Mamaroneck vs. Peekskill**

285: Matt Sommer (MAMA) over Zaiden Smith (PEEK) (Fall 0:00) 102: Joe Sullivan (MAMA) over (PEEK) (For.) 110: Rich Lomonaco (MAMA) over Angel Lopez (PEEK) (Fall 0:00) 118: Jonny Acevedo (PEEK) over Jack Queen (MAMA) (Fall 0:00) 126: Aaron Weinbach (MAMA) over Taher Alijahim (PEEK) (Fall 0:00) 132: Tristan Jennings (PEEK) over Donnie Gomez (MAMA) (Fall 0:00) 138: Owen Deutsch (MAMA) over Johnny Alarcon (PEEK) (Fall 0:00) 145: Eric Nesser (MAMA) over Martin Palomeque (PEEK) (Dec 10-9) 152: Nate Perez (MAMA) over Ahrian Guevara (PEEK) (Fall 0:00) 160: Tommaso

Sodano (PEEK) over (MAMA) (For.) 172: Double Forfeit 189: Lenin Zhingri (PEEK) over Mason Ammerman (MAMA) (Fall 0:00) 215: John Mcgowan (MAMA) over Naseer Johnson (PEEK) (Dec 2-1)

### **Mamaroneck vs. Croton-Harmon Sr**

102: Joe Sullivan (MAMA) over (CHS) (For.) 110: Angus Queen (MAMA) over (CHS) (For.) 118: Aaron Weinbach (MAMA) over James Sasso (CHS) (Fall 0:00) 126: Jack Queen (MAMA) over (CHS) (For.) 132: Donnie Gomez (MAMA) over Luca Camillieri (CHS) (Fall 0:00) 138: Owen Deutsch (MAMA) over Henry Martin (CHS) (Fall 0:00) 145: Eric Nesser (MAMA) over Jack Kooney (CHS) (Fall 0:00) 152: Nate Perez (MAMA) over John Robinson (CHS) (Fall 0:00) 160: Fredrick Smithwick (CHS) over (MAMA) (For.) 172: Malcolm Oth (CHS) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Colin Kooney (CHS) (Dec 6-1) 215: Mason Ammerman (MAMA) over (CHS) (For.) 285: Matt Sommer (MAMA) over (CHS) (For.)

### **Mamaroneck vs. John Jay Sr -Cross River HS**

102: Izzy Nesser (MAMA) over Andrew Condon (JJSC) (Fall 3:00) 110: Rich Lomonaco (MAMA) over Chris Purcarea (JJSC) (Dec 10-4) 118: Aaron Weinbach (MAMA) over Bradon Mulcahy (JJSC) (Fall 1:21) 126: Deven Comstock (JJSC) over Donnie Gomez (MAMA) (Dec 3-2) 132: Jonathan Alia (JJSC) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Jake Kern (JJSC) (Dec 5-4) 145: Eric Nesser (MAMA) over Luke Cusato (JJSC) (Dec 10-9) 152: Nate Perez (MAMA) over Will Kershner (JJSC) (Dec 3-2) 160: Connor Mulcahy (JJSC) over (MAMA) (For.) 172: Peter Cipriano (JJSC) over (MAMA) (For.) 189: Colin Keating (JJSC) over John Mcgowan (MAMA) (Dec 8-3) 215: Max Wasserman (JJSC) over (MAMA) (For.) 285: Matt Sommer (MAMA) over Shyamal Lakhanpal (JJSC) (Fall 1:15)

### **New Rochelle Sr HS vs. Mamaroneck**

102: Mariella Koufalis (NRSH) over Izzy Nesser (MAMA) (Dec 4-2) 110: Rich Lomonaco (MAMA) over Sebastian Rodriguez (NRSH) (Fall 4:44) 118: Jonas Torres (NRSH) over Jack Queen (MAMA) (Fall 0:22) 126: Aaron Weinbach (MAMA) over Jerson Ochoa (NRSH) (Dec 8-3) 132: Donnie Gomez (MAMA) over (NRSH) (For.) 138: Owen Deutsch (MAMA) over Clarence Wesley Smith (NRSH) (TF 15-0 0:00) 145: Eric Nesser (MAMA) over Akin Bolanle Bolaji (NRSH) (Fall 1:47) 152: Nate Perez (MAMA) over Ricardo Alvarez (NRSH) (MD 9-1) 160: Heru-Azir Gibbs (NRSH) over (MAMA) (For.) 172: Dallis Thomas (NRSH) over (MAMA) (For.) 189: John Mcgowan (MAMA) over (NRSH) (For.) 215: Mason Ammerman (MAMA) over (NRSH) (For.) 285: Matt Sommer (MAMA) over Israel Illa (NRSH) (Fall 5:11)

### **Scarsdale Sr vs. Mamaroneck**

102: Izzy Nesser (MAMA) over (SCSR) (For.) 110: Rich Lomonaco (MAMA) over Joshua Kosson (SCSR) (Dec 8-7) 118: Thomas Iasiello (SCSR) over Jack Queen (MAMA) (Fall 1:03) 126: Wade Massey (SCSR) over Aaron Weinbach (MAMA) (Fall 2:36) 132: Donnie Gomez (MAMA) over Felicity Bennett (SCSR) (Fall 1:04) 138: Owen Deutsch (MAMA) over Sean Hunt (SCSR) (Fall 3:42) 145: Eric Nesser (MAMA) over Steven Hill (SCSR) (Fall 1:39) 152: Nate Perez (MAMA) over Jack Byers (SCSR) (Fall 1:48) 160: Max Meizlik (SCSR) over (MAMA) (For.) 172: Mark Bliss (SCSR) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Max Florin (SCSR) (Fall 0:52) 215: Ryan Chase (SCSR) over Cameron Lee (MAMA) (Fall 2:54) 285: Matt Sommer (MAMA) over (SCSR) (For.)

### **Mamaroneck vs. Brewster**

118: Aaron Weinbach (MAMA) over Dillon Ramirez (BREW) (Fall 0:00) 126: Liam Ford (BREW) over Donnie Gomez (MAMA) (Fall 0:00) 132: Gabriel Rivera (BREW) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Jack Stasi (BREW) (Fall 0:00) 145: Eric Nesser (MAMA) over Nick DiFabbio (BREW) (Fall 0:00) 152: Massimo Parrelo (BREW) over (MAMA) (For.) 160: Andrew Pfeffer (BREW) over (MAMA) (For.) 172: Dylan Welker (BREW) over (MAMA) (For.) 189: John Mcgowan (MAMA) over (BREW)

) (For.) 215: Shane Daly (BREW) over Cameron Lee (MAMA) (Fall 0:00) 285: Matt Sommer (MAMA) over Derek Karlsson (BREW) (Fall 0:00) 102: Izzy Nesser (MAMA) over (BREW) (Fall 0:00) 110: Rich Lomonaco (MAMA) over (BREW) (Fall 0:00)

### **Cornwall Sr HS vs. Mamaroneck**

126: Donnie Gomez (MAMA) over (CSH) (For.) 132: Stonington Kizun (CSH) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Aaron Caoili (CSH) (TF 20-5 0:00) 145: Theo Ballantine (CSH) over Eric Nesser (MAMA) (MD 18-7) 152: Tyler Reed (CSH) over (MAMA) (For.) 160: Patrick Cosgrove (CSH) over (MAMA) (For.) 172: Nicholas Cavallo (CSH) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Liam Scott (CSH) (Fall 3:09) 215: Gavin Furst (CSH) over Cameron Lee (MAMA) (Fall 1:22) 285: Matt Sommer (MAMA) over Nick Valenzano (CSH) (Fall 1:57) 102: Izzy Nesser (MAMA) over (CSH) (For.) 110: Kevin Aleci (CSH) over Rich Lomonaco (MAMA) (MD 11-1) 118: Aaron Weinbach (MAMA) over Xavier Clavell (CSH) (Dec 6-5)

### **Roy C Ketcham Sr HS vs. Mamaroneck**

132: Jonah Usher (RCKS) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Ernest Suter (RCKS) (MD 15-2) 145: Eric Nesser (MAMA) over Shane Rostron (RCKS) (Fall 0:23) 152: Eddy Corporan (RCKS) over (MAMA) (For.) 160: Dylan Fay (RCKS) over (MAMA) (For.) 172: Gavin McLaughlin (RCKS) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Daesean Dingle (RCKS) (Fall 3:22) 215: Cameron Lee (MAMA) over (RCKS) (For.) 285: Matt Sommer (MAMA) over (RCKS) (For.) 102: Michael Monte (RCKS) over Izzy Nesser (MAMA) (Fall 4:50) 110: Alexander Rathbun (RCKS) over Rich Lomonaco (MAMA) (Fall 1:09) 118: Dylan Glickman (RCKS) over Aaron Weinbach (MAMA) (Fall 0:34) 126: Noel Martinez (RCKS) over Donnie Gomez (MAMA) (Fall 2:48)

### **Warwick Valley HS vs. Mamaroneck**

110: Brady Judd (WVH) over Rich Lomonaco (MAMA) (Dec 6-0) 118: Alex Greco (WVH) over Aaron Weinbach (MAMA) (Fall 3:33) 126: Griffin Petzold (WVH) over Donnie Gomez (MAMA) (Fall 0:35) 132: Michael Accardo (WVH) over (MAMA) (For.) 138: Owen Deutsch (MAMA) over Michael O'Neill (WVH) (TF 20-5 0:00) 145: Eric Nesser (MAMA) over Tyler Desotle (WVH) (Fall 3:16) 152: Erik Nilson (WVH) over (MAMA) (For.) 160: Jack Mazzella (WVH) over (MAMA) (For.) 172: Johnny Accardo (WVH) over (MAMA) (For.) 189: John Mcgowan (MAMA) over Joe Bacenet (WVH) (Fall 1:07) 215: Cameron Lee (MAMA) over Jake Rooney (WVH) (Fall 2:33) 285: Matt Sommer (MAMA) over Zach Freedman (WVH) (Fall 3:00) 102: Garrett Judd (WVH) over Izzy Nesser (MAMA) (MD 12-4)

### **Mamaroneck vs. Edgemont Sr**

102: Izzy Nesser (MAMA) over (EDSR) (For.) 110: Troy Juhn (EDSR) over Aaron Valencia (MAMA) (MD 13-4) 118: Wyatt Aslanian (EDSR) over Rich Lomonaco (MAMA) (Dec 10-6) 126: Jordan Fisher (EDSR) over Aaron Weinbach (MAMA) (MD 15-3) 132: Jonathan Rothschild (EDSR) over Donnie Gomez (MAMA) (Fall 5:00) 138: Ben Westler (EDSR) over (MAMA) (For.) 145: Eric Nesser (MAMA) over Ryo Yoshida (EDSR) (Fall 0:46) 152: Joey Saito (EDSR) over (MAMA) (For.) 160: Ethan Holmes (MAMA) over (EDSR) (For.) 172: Alex Michleson (EDSR) over (MAMA) (For.) 189: Cameron Lee (MAMA) over (EDSR) (For.) 215: Mason Ammerman (MAMA) over (EDSR) (For.) 285: Matt Sommer (MAMA) over (EDSR) (For.)

# **2021-2022 Tournament Results**

## **Mid-Hudson Invitational**

John McGowan 6<sup>th</sup> Place

*Team Place 16th*

## **Michael O'Connell Pearl River Tournament**

Izzy Nesser 1<sup>st</sup> Place

Owen Deutsch 1<sup>st</sup> Place

Aaron Weinbach 4<sup>th</sup> Place

Eric Nesser 3<sup>rd</sup> Place

*Team Place DNP*

## **Scarsdale Tournament**

Izzy Nesser 6<sup>th</sup> Place

Aaron Weinbach 6<sup>th</sup> Place

Owen Deutsch 1<sup>st</sup> Place

Eric Nesser 5<sup>th</sup> Place

Nate Perez 2<sup>nd</sup> Place

John McGowan 1<sup>st</sup> Place

Matt Sommer 2<sup>nd</sup> Place

*Team Place 6<sup>th</sup>- 135 Points*

## **JV Sectionals**

Tatsu Homma 2<sup>nd</sup> Place

Joe Sullivan 5<sup>th</sup> Place

Aaron Valencia 5<sup>th</sup> Place

Trevor Dries 4<sup>th</sup> Place

*No Team Place Kept*

## **Divisional Tournament**

Izzy Nesser 4<sup>th</sup> Place

Owen Deutsch 1<sup>st</sup> Place

Eric Nesser 4<sup>th</sup> Place

Nate Perez 4<sup>th</sup> Place

John McGowan 1<sup>st</sup> Place

Cameron Lee 1<sup>st</sup> Place

Matt Sommer 1<sup>st</sup> Place

*No Team Place Kept*

## **Sectional Tournament**

Owen Deutsch 1<sup>st</sup> Place

John McGowan 1<sup>st</sup> Place

Matt Sommer 5<sup>th</sup> Place

Team Place 7<sup>th</sup> 78 Points

## **NYSPHSAA Tournament**

John McGowan 6<sup>th</sup> Place

Team Place 67<sup>th</sup> 11 Points



**Which Coach is which?!**



## Undefeated Season (Wrestled at least 25 Matches)

2015 Youssif Hemida (31-0)

## Con Edison "Athlete of the Week" Winners

1993 Anthony Vitti

2012 Jack Miller

2013 Ben Miller

2015 Youssif Hemida

## Sibling Acts

1. Ben and Jack Miller	202 Wins
2. Anthony, Joe and Matt Vitti	184 Wins
<b>3. Mike and John McGowan</b>	<b>161 Wins</b>
4. James and Troy Watson	114 Wins
5. Alex and Anthony Sanchez	92 Wins
<b>T6. Henry and Owen Deutsch</b>	<b>82 Wins</b>
T6. Jack and Andrew Rosenfeld	82 Wins
<b>T8. Max and Nate Perez</b>	<b>79 Wins</b>
T8. Derek and John Lanza	66 Wins
T10. Trent and Ben Wechsler	57 Wins
<b>T10. Eric and Izzy Nesser</b>	<b>57 Wins</b>
12. Taylor and Troy Whittemore	35 Wins
13. Nehemias and Edwin Fuentes	32 Wins
14. Matt and Tommy Williams	26 Wins
<b>15. Tristan and Cameron Lee</b>	<b>22 Wins</b>
16. Brady and Teddy Auker	18 Wins
<b>17. Jack and Angus Queen</b>	<b>5 Wins</b>

# Outstanding Wrestlers

## (Retired Awards)

### Most Outstanding Junior Varsity Wrestler

2000 George Mgrditchian	2006 Randy Kapus
2001 Ben McLoughlin	2007 John Musaccio/Jack Miller
2002 Dan Bianco	2008 Christian Hill
2003 Chris Doria/David Reilly	2009 Troy Whittemore
2004 Jacob Holbrook	2010 Micahela Salko/Peter Simone
2005 Nick Scarangella	2011 Joe Angilletta/ Peter Simone

### Most Outstanding Freshman Award

2000 Matt Vitti	2006 Marco Iacono
2001 David Lavin	2007 Zack Alliger
2002 Bryant Tapia	2008 John White
2003 Giles Tuasela	2009 Mynor Cornejo
2004 Dakota Frey	2010 Paul Curtin
2005 Chris Fitzgerald	2011 Elver Maldonado

### Most Outstanding Sophomore Award

2000 James Watson	2006 Luis Pico
2001 Tim Lynch	2007 Marco Iacono
2002 David Lavin	2008 Zack Alliger
2003 Derek Lanza	2009 Bobby Autera/John White
2004 Ryan Collins	2010 Troy Whittemore
2005 No Award Given	2011 Steven Fabiano

### Excellence in Participation and Sportsmanship

(Awarded to the individual who displays character, dignity and class in both victory and defeat)

1996 Sean Keogh	2004 Adin Ray
1997 Bill Birdzell	2005 Ivan Vorobiev/Adam Steinberg
1998 Eric Friedman	2006 TJ Park
1999 Jason Bonderanko	2007 Graham Renz
2000 Joe Vitti	2008 Taylor Whittemore
2001 Joe Vieira	2009 Jordan Samuel
2002 David Lavin	2010 Christian Hill
2003 Dan Bianco	2011 Angela Lagrossa

### M.V.P. Award

1997 David Serrano	2005 Chad Piazza
1998 Kevin Lopez	2006 Alex Caro
1999 James Watson/Dennis Magana	2007 Randy Kapus
2000 Jason Bonderanko	2008 Femi Wheeler
2001 James Watson	2009 Marco Iacono/Femi Wheeler
2002 James Watson	2010 John White
2003 John Lanza	2011 Andres Pedraza
2004 David Lavin	2012 Luis Rubio

## **Tiger Heart Award**

(Awarded to the individual who displays commitment to the Mamaroneck Athletics and the Tiger Wrestling Team)

1996 Joe Magnotta	2012 Unknown
1997 Tim Reynolds	2013 Dion Duran
1998 Jason Bonderanko	2014 Carolyn Solimine/Luka P
1999 Matt Paonessa	2015 Roger Ransom
2000 Dennis Magana	2016 Mickey O'Brien/ Mike Murphy
2001 Joe Vitti	2017 Jon Suarez
2002 Jason Ward	2018 Tony Collazo
2003 David Lavin	2019 Taigue Thurston
2004 David Lavin	2020 Carter Boykin-Holland
2005 Adin Ray	2022 Izzy Nesser
2006 Eddie Strippoli	
2007 Femi Wheeler	
2008 Andres Pedraza/ Graham Renz	
2009 Taylor Whitemore	
2010 Joe Barbella	
2011 Carlos Sanchez/ Troy Whitemore	

## **Most Improved**

(Awarded to the individual who demonstrates the most effort toward improvement)

1996 Bill Birdzell	2012 Unknown
1997 Eric Friedman	2013 Roger Ransom
1998 Mike Romano	2014 Roger Ransom
1999 Matt Paonessa	2015 Mike McGowan
2000 Joe Vieira	2016 Mike McGowan
2001 Jason Ward	2017 Nahuel Rodriguez
2002 Dan Bianco	2018 Trent Wechsler
2003 Ed Cofino	2019 Johnny McGowan
2004 Chris Doria	2020 Matt Sommer
2005 Jacob Holbrook	2022 Matt Sommer
2006 Dennis Crowley	
2007 Jordan Samuel	
2008 Jack Miller	
2009 Christian Hill	
2010 Taylor Whitemore	
2011 Dion Duran	

### **Mamaroneck Athletic Association Award**

1997 Joe Magnotta	2010 Andres Pedraza
1998 Mike Romano	2011 Peter Fanelli/Ben Miller
1999 Matt Paonessa	2012 Troy Whittemore
2000 Matt Paonessa	2013 Dion Duran
2001 Joe Vieira	2014 Julio Garcia
2002 Jason Ward	2015 Carolyn Solimine
2003 Noah Jacobs	2016 Chris Sileo
2004 Chad Piazza	2017 Mike McGowan
2005 Adin Ray	2018 Mike McGowan
2006 Jacob Holbrook	2019 Ben Robbins
2007 Luis Pico	2020 Antonio Caceres
2008 Marco Iacono	2022 Nate Perez
2009 Jack Miller	

### **David Serrano Memorial Award**

2008 Luis Pico	2016 Matt Williams
2009 Matt Pshierer	2017 Tony Collazo
2010 Carlos Sanchez	2018 Jon Suarez/Chris Mendoza
2011 Andres Pedraza	2019 Max Perez
2014 Luis Rubio	2020 Max Perez
2015 Alex Sanchez	2022 Matt Sommer

### **Most Outstanding Underclassman**

2015 Crew Fullerton	2020 Owen Deutsch/Johnny McGowan
2016 Crew Fullerton	2022 Richie Lomonaco
2017 Micky O'Brien/Nahuel Rodriguez	
2018 Joey Rodas	
2019 Johnny McGowan/Andrew Rosenfeld	

### **Most Outstanding Upperclassman**

2015 Youssif Hemida	2020 Max Perez/Andrew Raso
2016 Chris Sileo	2022 John McGowan
2017 Crew Fullerton	
2018 Crew Fullerton	
2019 Joey Rodas/Nahuel Rodriguez	

## **Tiger “Throw down” Champion**

2005 Eddie Strippoli  
2006 Marco Iacono  
2007 Luis Pico  
2008 John White  
2016 Chris Mendoza  
2017 Trent Wechsler/Nahuel Rodriguez  
2018 Trent Wechsler  
2019 Joey Rodas  
2020 Joey Vancook  
2022 John McGowan

## **2021-2022 Mamaroneck Wrestling Quiz**

1. What other sport does Aaron Weinbach play outside of wrestling?
2. Cameron Lee is a section champ in what sport?
3. How old is Ethan Holmes?
4. Who put hand soap in the spray instead of mat cleaner?
5. Who spilled an entire gallon of water on the locker room floor and did not attempt to clean it up?  
Bonus: Who helped this person clean it up?
6. Who holds the record for longest time spent in a singlet?  
Bonus: How long was that person in the singlet?
7. Who is “Joe Momma”?
8. What special dessert did Ethan attempt to order at Mid-Hudson?
9. What did Izzy lose at the Edgemont Tournament?  
Bonus: Where does Izzy think we keep the Ice?
10. What is Coach Wheeler’s flow chart defense against a Peanut?
11. Whom on the team identifies as “Anti-Wizzer”?
12. What form of transportation did Coach Wheeler take to Mid-Hudson?
13. How long was the league title drought before it was broken this year?  
Bonus: Who was the coach of the team at the time?

## Quiz Grades

14-15: All state Teammate

12-13: You are trying to get a coaching position with Mamaroneck

11: You must have been sleeping in the wrestling room!

9-10: You have a live feed to the LoHud wrestling blog!

7-8: You must have had ring worm or a concussion!

6-4: You spent most of your time with the trainer!

3-1: Do you know where the wrestling room is?

0: Were you on the basketball team?

**25 Push Ups for anyone who cheated!**

## Newspaper Clippings

# **Mamaroneck Coaching Legacies**

**Head Coach:** James Smith ('33)  
**Asst. Coach:** Joseph Warrington

**Head Coach:** Edward Storey ('34-'39)

**Head Coach:** Bill Reilly ('65-68)

**Head Coach:** Ken Demas ('68-'77)

**Head Coach:** Dave Warren ('79)

**Head Coach:** Oliveri/Matthews ('80)

**Head Coach:** Bernie Foltman ('81-'82)  
**Asst. Coaches:** McBride and Sardos

**Head Coach:** Mike Edelstein ('83-'86)  
**Asst. Coaches:** John Startos and Greg Proudian

**Head Coach:** Mario Bonito Jr. ('86-'95)  
**Asst. Coaches:** Peter Bonito, Vittela, Bill Hart, David Degrazia

**Head Coach:** Karl Zenie ('95-'00)  
**Asst. Coach:** Joe Arcara and Rich Harrison

**Head Coach:** Chris Kumrow ('00-'05)  
**Asst. Coach:** Chris Ball

**Head Coach:** Anthony Vitti (05-'13)  
**Asst. Coach:** Andres Corrales and Matt Vitti

**Head Coach:** Andres Corrales ('13-'14)  
**Asst. Coaches:** Femi Wheeler and Scott Gilberti

**Head Coach:** Dave Colagiovanni ('14-'15)  
**Asst. Coaches:** Femi Wheeler and Scott Gilberti

**Co-Head Coaches:** Femi Wheeler and Scott Gilberti ('15-'22)  
**Asst. Coach:** Nate Wierzbicki, Andres Pedraza, Alex Sanchez, Trent Wechsler, Nahuel Rodriguez

# **Captains List**

2002-2003: James Watson and James Ward

2003-2004: Aidan Ray

2004-2005: David Lavin and Chad Piazza

2005-2006: Jake Holbrook

2006-2007: Randy Kappus

2007-2008: Femi Wheeler, Marco Iacono, Eugenio Alvarez, Luis Pico and Graham Renz

2008-2009: Femi Wheeler and Marco Iacono

2009-2010: Jack Miller

2010-2011: Andres Pedraza

2011-2012: Ben Miller, Dion Duran, Troy Whittemore

2012-2013: Ben Miller and Dion Duran

2013-2014: Roger Ransom, Luca Popavich, Luis Rubio

2014-2015: Roger Ransom, Youssif Hemida, Carolyn Solimine

2015-2016: Chris Sileo and Matt Williams

2016-2017: Mike McGowan, Trent Wechsler, Jon Suarez

2017-2018: Mike McGowan, Trent Wechsler, Jon Suarez, Crew Fullerton

2018-2019: Nahuel Rodriguez, Tague Thurston, Micky O'Brien, Carter Boykin-Holland

2019-2020: Max Perez, Antonio Cacaes, Carter Boykin-Holland, Andrew Rosenfeld, Johnny McGowan

2021-2022: John McGowan and Nate Perez

## **Alumni Wrestling in College**

David Lavin- Muhlenberg University 2005-2009

Femi Wheeler- Plymouth University 2009-2013

Andres Pedraza- Worcester Polytechnic College 2011-12, 2014-15

Youssif Hemida- Maryland University 2015- 2019

Max Valera- Springfield University 2015-2016, 2017-18

Joe Caldwell- Westchester Community College 2016-2018

Crew Fullerton- Franklin and Marshall 2018-2020

Mike McGowan- Rochester Institute of Technology 2018-2020

Trent Wechsler- Binghamton University 2018-2019

Tony Collazo- SUNY Ulster 2018-2020

Nahuel Rodriguez- Plymouth State 2019-2020



# Senior Wills

## Nate Perez-

Leaves his ability to hurt his opponents to Izzy Nesser

Leaves his other ear to Nick McDonald

## Eric Nesser-

Leaves his single leg to Joe Sullivan

Leaves his club to Ethan Holmes

## Aaron Valencia-

Leaves his athleticism to Trevor Dries

Leaves his ability to not get pinned to Angus Queen

## Logan Ballantyne-

Leaves his front headlock to Richie Lomonaco

Leaves his 2 on 1 to Trevor Dries

## Donnie Gomez-

Leaves his tilts to Jack Queen

Leaves his Stacks to Aaron Weinbach

## Cam Lee-

Leaves his running ability to Tatsu Homma

Leaves his hips to Mason Ammerman

## John McGowan-

Leaves his Rear naked choke to Izzy

Leaves his toughness and aggression to Ethan

Leaves his slide Bye to Trevor

## Owen Deutsch-

Leaves his hand fighting to Joe Sullivan

Leaves his ability to stress out Coach G to everyone

Leaves his cardio to everyone who needs it!

## Matt Sommer-

Leaves his ability to eat to Jack Queen

Leaves his competitive nature to all the rising 8<sup>th</sup> graders

Leaves his Durability to whomever will be Izzy's Partner will be!

## **Team Goals 2021-2022**

- Win a League Title ✓
- 4 All Section Wrestlers X
- 8 Sectional Qualifiers X
- 2 State Qualifiers ✓
- 85 Team Average or Better ✓
- 1 Random Act of kindness every day ✓

## **Mamaroneck Wrestling Hall of Fame**

*Advisory Committee: Mario Bonito Jr, Anthony Vitti, Karl Zenie,  
Scott Gilberti*

The Class of 2020 Inductees

Mario Bonito Jr.

## **Mamaroneck Sectional Team Finish Historical**

2001- No Record	2011- 23 <sup>rd</sup> Place 24.0 Points
2002- No Record	2012- 21 <sup>st</sup> Place 29.0 Points
2003- No Record	2013- 22 <sup>nd</sup> Place 28.5 Points
2004- No Record	2014- 11 <sup>th</sup> Place 69.0 Points
2005- No Record	2015- 9 <sup>th</sup> Place 75.0 Points
2006- No Record	2016- 31 <sup>st</sup> Place 9.0 Points
2007- No Record	2017- 24 <sup>th</sup> Place 26.0 Points
2008- 29 <sup>th</sup> Place 16.5 Points	2018- 10 <sup>th</sup> Place 84.5 Points
2009- No Record	2019- 10 <sup>th</sup> Place 63.0 Points
2010- 29 <sup>th</sup> Place 11 Points	2020- 8 <sup>th</sup> Place 82.0 Points
<b>2022-7<sup>th</sup> Place 78.0 Points</b>	

## Inspiration

“The only thing that I see that is distinctly different about me is I'm not afraid to die on a treadmill. I will not be out-worked, period. You might have more talent than me, you might be smarter than me, you might be better looking than me, you might be all of those things and you got it on me in nine categories. But if we get on the treadmill together, there're two things: You're getting off first, or **I'm going to die**. It's really that simple, right?”

Will Smith

## **Dedication of the 2022 Tiger Book**

The 2021-2022 Mamaroneck wrestling team is one that will be remembered as arguably best team in program history. The list of accomplishments that were tallied off by this team could fill an entire page of the tiger book. We won the league title for the first time in two decades, we had TWO section champs, we took 7<sup>th</sup> at the Sectional tournament and we had our second All-State wrestler! We have known for years that this team could be special but, we also knew that these athletes gained so much from the courage of generations of wrestlers prior to them. “A society grows great when old men plant trees in whose shade they shall never sit.” Dozens of wrestlers helped create the culture of dedication, grit, sacrifice and determination that freed these wrestlers to pursue their dreams with a level of support that could not have been dreamed of before. The seniors that are graduating from our team this year have planted a forest of trees for the next generation of wrestlers to enjoy that shade. For all of those who have come before and for all of those that will follow, this one's for you!

In addition, we'd like to thank our Athletic Director Mrs. Suman for all her support this season.

We know that you are going to accomplish incredible things in the future and are going to make the world a better place! Come back and visit! And **REMEMBER...**

**Once a Wrestler,  
ALWAYS A Wrestler!**